

## CHANGES CHRIST LOOKS FOR IN OUR LIVES:

<sup>6</sup> Examples of “out with the old” and “on with the new”

1. **TRUTH** <sup>25</sup> So then, put away falsehood  
—let all of us speak the truth to our neighbors, for we are members of one another.
2. **EMOTION** <sup>26</sup> There’s a time to be angry  
—but do not sin; do not let the sun go down on your anger, <sup>27</sup> and do not make room for the devil.
3. **THINGS** <sup>28</sup> Don’t be “thieves,” taking what’s not yours  
—rather labor and work honestly with your own hands, so as to have something to share with the needy.
4. **WORDS** <sup>29</sup> Don’t use your mouths for evil talk  
—but only for what is useful for building up, as there is need, so that your words may give grace to those who hear. <sup>30</sup> And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption.
5. **RESENTMENTS** <sup>31</sup> Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice  
— <sup>32</sup> and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you.  
<sup>5:1</sup> In the same way be imitators of God: remember that you are God’s beloved children. <sup>2</sup> And live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.
6. **SEX** <sup>3</sup> And, as for fornication and impurity of any kind, or the kind of greed that wants to possess someone else: these must not even be mentioned among you, as is proper among saints: <sup>4</sup> obscene, silly, and vulgar talk is completely out of place  
—but instead, let there be thanksgiving (for sex as a gift of God).

<sup>10</sup> Try to find out what is pleasing to the Lord, <sup>20</sup> and give thanks to God the Father at all times and for everything, in the name of our Lord Jesus Christ.

*The Director of Children’s Ministries Search Committee  
is pleased to present its selection of*

## Catherine Vickers (Cate) McCrory

*as Director of Children’s Ministries  
beginning July 1, 2017*



Cate McCrory was born in Southern California and moved to Colorado where she lived in Boulder and Longmont through fourth grade. In 1996 she moved to Washington, DC when her father Jeff became an associate pastor on the staff of National Presbyterian Church. Cate attended Burning Tree Elementary, Pyle Middle School and Walt Whitman High School in Bethesda. She was an active participant in our youth program, and assisted with our Children’s Ministries (3-year old classroom) for 3 years.

She studied voice privately and was a member of the Children’s Chorus of Washington. Cate moved back to Southern California for her final two years of high school (South Orange County School of the Arts).

Cate received a fine arts scholarship to attend Seattle Pacific University, a Christian school in Seattle, WA, graduating in 2008 (on the Dean’s List) with a double major in Educational Ministry and Music. As a student she led worship at



weekly chapel services for two years. During her four years in Seattle she attended Bethany Presbyterian Church, volunteering with their children's ministries under the leadership of former NPC Director of Children's Ministries Dianne Ross. Cate spent the summer of 2006 as a youth intern at National under Mitch Gore.

Following graduation from college Cate enrolled at Fuller Theological Seminary where she received a Charles E. Fuller Scholarship, earning a Master of Divinity degree with a concentration in Worship, Theology and the Arts. While a student at Fuller Cate was a leader in Children's Ministries at Knox Presbyterian Church for five years. She wrote a Vacation Bible School curriculum based on the Psalms to teach worship to children. Also, while a student at Fuller Cate led worship at weekly All-Seminary Chapel her final year.

After graduation from Fuller Cate moved to Denver, CO to become Director of Children's Ministries and Community Life at St. James Presbyterian Church in Littleton (a suburb just south of Denver), a church of 700 members. We were fortunate to find her at a transition point in her ministry at St. James, where she is well-loved and missed.

We are thrilled to welcome Cate back "home" to National Presbyterian Church. We are eager for you to get to know her (or perhaps to become re-acquainted). We are especially excited for our children. Cate will overlap with Jill Meek for the month, enabling a smooth transition and the opportunity to be here for Vacation Bible School.



*The Director of Children's Ministries Search Committee*

Betty Elliott, Elizabeth Kauffman, Sarah Naranch, Tiffany Rohrbaugh, Elder Nancy Piho (Search Committee chair), Quinn Fox, Associate Pastor (staff resource)



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## Ephesians 4:15-24, 25-32; 5:1-4, 10, 20

*(NRSV, adapted)*

- <sup>15</sup> Speaking the truth in love,  
we must grow up in every way, into him who is the head, into Christ,
- <sup>16</sup> from whom the whole church,  
like a body joined and knit together by every ligament with which it is equipped—when each part is working properly—  
receives the power to grow, building itself up in love.
- <sup>17</sup> Now this I affirm and insist on, in the Lord:  
you must no longer simply go along with the empty-headed thinking of the non-believing crowd.
- a. <sup>18</sup> Their intellects are darkened.
  - b. They are estranged from God's life  
because of their lack of true knowledge  
and their hardness of heart.
  - c. <sup>19</sup> Their consciences are no longer sensitive,  
having abandoned themselves to sexual license,  
and being greedy to practice every kind of impurity.
- <sup>20</sup> But that is not the way you were taught to live as a disciple of Christ!
- <sup>21</sup> For if you have really heard about him and were taught the truth as it is found in Jesus, <sup>22</sup> then what you learned was this:
- d. **OUT WITH THE OLD** to put away your former way of life, your "old self," corrupt and deluded by dead-end desires;
  - e. **ON WITH THE NEW** <sup>23</sup> and to be renewed in the spirit of your minds, <sup>24</sup> by clothing yourselves with the "new self," created to be like God in true righteousness and holiness.