

Sermon Notes: RUNNING ON FULL
Allowing Jesus' Energy to Fill Us
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 National Presbyterian Church, Washington, DC
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1. Step back from “more of the same”

John 21:12 Jesus said to his followers, “Come and have breakfast.”
 Have Breakfast with Jesus – linger with him.

2. Listen to Jesus voice – even if at first it makes no sense

John 21:5 “Cast your net on the right side of the boat”

John 21:15-17 Feed my lambs . . . Tend my sheep . . . Feed my Sheep

Sometimes it's just a small shift that makes a huge difference
 -- not the “big fix”— e.g.,
 -- examine or change the wall your ladder is on
 -- see your profession through a new lens (love! helping!)

3. Change the Center/source of energy of your Life:

Put Jesus at the center -- however costly

John 21:18-19

Very truly, I tell you, when you were younger,
 you used to fasten your own belt and to go wherever you wished.
 But when you grow old, you will stretch out your hands,
 and someone else will fasten a belt around you
 and take you where you do not wish to go.’

(He said this to indicate the kind of death by which he would glorify God.)

After this he said to him, ‘**Follow me.**’

John 15:4-8

⁴**Abide in me** (stay connected to/centered on me) as I abide in you.

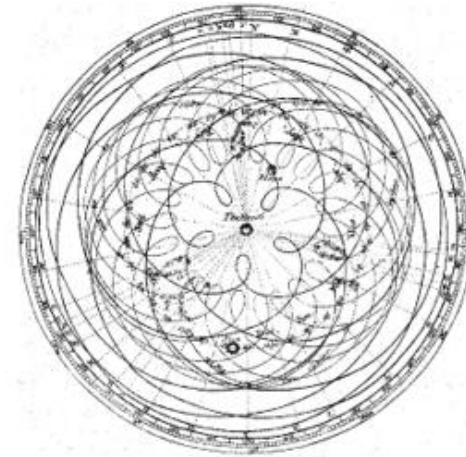
- Just as the branch cannot bear fruit by itself unless it abides in the vine, neither can you unless you abide in me.

⁵I am the vine, you are the branches.

- Those who abide in me and I in them . . . bear much fruit, because apart from me you can do nothing.

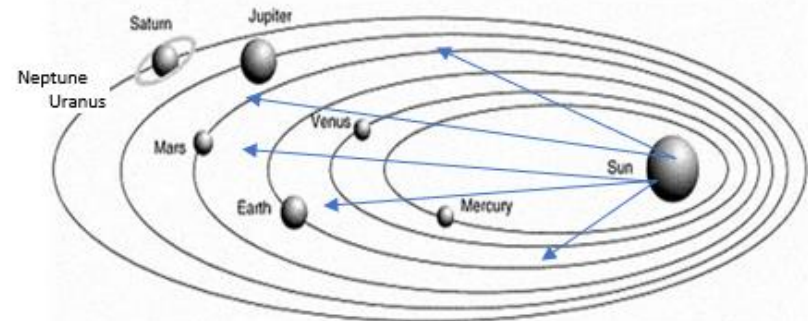
GETTING THE SUN/SON AT THE CENTER OF OUR SYSTEM

Earth/GEOCENTRIC (Ptolemaic) View of the Solar System



<https://www.space.fm/astromy/planetarysystems/geocentricheliocentric.html>

Sun/HELIOCENTRIC (Copernican/Kepler) View of the Solar System



<https://www.universetoday.com/55423/keplers-law/>
 Copernicus 15thC, and Kepler 16thC.