The 5-6-7 Bible Reading Plan

5 days a week. Find a consistent time and place where you can meet the Lord. This plan will take you through the New Testament, one chapter per day. Use weekends for reflection, or to catch up.

6 minutes a day. Start with 5-6 minutes a day. You may increase this time, but try to stay within 10 minutes so that you can sustain the practice for the entire year.

7 ways to go deeper. Here are seven ways to take your reading further each day:

- 1. Underline key words, phrases, or new discoveries. Periodically review your markings to see what God may be teaching you.
- 2. Paraphrase in your own words. Re-read the passage or verse, then re-write it using your own words.
- 3. Ask and answer some basic questions. Probe the passage using these words: Who (are the principle characters)? What (does the passage say about God, about me)? Why (is it important)? or... How (does this apply to my life today)? You may also ask:

Is there an example for me to follow? Is there an error for me to avoid? Is there a duty for me to perform? Is there a promise for me to claim? Is there a prayer for me to echo?

- 4. Capture the big idea. Ask: What's the principal idea in this sentence, paragraph, or chapter?
- 5. Personalize the meaning. Ask: How could my life be different today as I respond to what I'm reading?
- 6. Memorize the key verse. Commit to memory the main verse you read this week or month.
- 7. Meditate. We recommend focusing on a single idea for a week.

"The holy Scriptures are able to make you wise for salvation through faith in Christ Jesus. All Scripture is Godbreathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work." —2 TIMOTHY 3:15-17

"Do not be conformed any longer to the pattern of this world, but be transformed by the renewing of your mind."—ROMANS 12:2



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National Presbyterian Church Read Through Testament in One Year

DATE	January	February	March	April	May	June	July	August	September	October	November	December
1	Luke I	Reflection	Reflection	1 Corinthians 5	2 Corinthians 9	Reflection	1Timothy 2	Matthew 12	Hebrews 6	Mark 10	Reflection	3 John 1
2	Luke 2	Reflection	Reflection	1 Corinthians 6	2 Corinthians 10	Romans 12	1Timothy 3	Reflection	Hebrews 7	Mark 11	Reflection	Revelation 1
3	Luke 3	Luke 24	Acts 20	1 Corinthians 7	Reflection	Romans 13	1Timothy 4	Reflection	Hebrews 8	Mark 12	John 8	Revelation 2
4	Reflection	Acts 1	Acts 21	2 Corinthians 12	Reflection	Romans 14	1Timothy 5	Matthew 13	Hebrews 9	Reflection	John 9	Revelation 3
5	Reflection	Acts 2	Acts 22	Reflection	2 Corinthians 11	Romans 15	Reflection	Matthew 14	Hebrews 10	Reflection	John 10	Revelation 4
6	Luke 4	Acts 3	Acts 23	Reflection	2 Corinthians 12	Romans 16	Reflection	Matthew 15	Reflection	Mark 13	John 11	Reflection
7	Luke 5	Acts 4	Acts 24	2 Corinthians 13	2 Corinthians 13	Reflection	1Timothy 6	Matthew 16	Reflection	Mark 14	John 12	Reflection
8	Luke 6	Reflection	Reflection	1 Corinthians 8	Galatians 1	Reflection	Titus 1	Matthew 17	Hebrews 11	Mark 15	Reflection	Revelation 5
9	Luke 7	Reflection	Reflection	1 Corinthians 9	Galatians 2	Colossians 1	Titus 2	Reflection	Hebrews 12	Mark 16	Reflection	Revelation 6
10	Luke 8	Acts 5	Acts 25	1 Corinthians 10	Reflection	Colossians 2	Titus 3	Reflection	Hebrews 13	1Peter 1	John 13	Revelation 7
11	Reflection	Acts 6	Acts 26	1 Corinthians 11	Reflection	Colossians 3	2 Timothy 1	Matthew 18	James 1	Reflection	John 14	Revelation 8
12	Reflection	Acts 7	Acts 27	Reflection	Galatians 3	Colossians 4	Reflection	Matthew 19	James 2	Reflection	John 15	Revelation 9
13	Luke 9	Acts 8	Acts 28	Reflection	Galatians 4	Ephesians 1	Reflection	Matthew 20	Reflection	1Peter 2	John 16	Reflection
14	Luke 10	Acts 9	1Thess.1	1 Corinthians 12	Galatians 5	Reflection	2 Timothy 2	Matthew 21	Reflection	1Peter 3	John 17	Reflection
15	Luke 11	Reflection	Reflection	1 Corinthians 13	Galatians 6	Reflection	2 Timothy 3	Matthew 22	James 3	1 Peter 4	Reflection	Revelation 10
16	Luke 12	Reflection	Reflection	1 Corinthians 14	Romans 1	Ephesians 2	2 Timothy 4	Reflection	James 4	1Peter 5	Reflection	Revelation 11
17	Luke 13	Acts 10	1 Thess. 2	1 Corinthians 15	Reflection	Ephesians 3	Matthew 1	Reflection	James 5	2 Peter 1	John 18	Revelation 12
18	Reflection	Acts 11	1Thess.3	1 Corinthians 16	Reflection	Ephesians 4	Matthew 2	Matthew 23	Mark 1	Reflection	John 19	Revelation 13
19	Reflection	Acts 12	1 Thess. 4	Reflection	Romans 2	Ephesians 5	Reflection	Matthew 24	Mark 2	Reflection	John 20	Revelation 14
20	Luke 14	Acts 13	1 Thess. 5	Reflection	Romans 3	Ephesians 6	Reflection	Matthew 25	Reflection	2 Peter 2	John 21	Reflection
21	Luke 15	Acts 14	2 Thess. 1	2 Corinthians 1	Romans 4	Reflection	Matthew 3	Matthew 26	Reflection	2 Peter 3	1John 1	Reflection
22	Luke 16	Reflection	Reflection	2 Corinthians 2	Romans 5	Reflection	Matthew 4	Matthew 27	Mark 3	Jude	Reflection	Revelation 15
23	Luke 17	Reflection	Reflection	2 Corinthians 3	Romans 6	Philemon	Matthew 5	Reflection	Mark 4	John 1	Reflection	Revelation 16
24	Luke 18	Acts 15	2 Thess. 2	2 Corinthians 4	Reflection	Philippians 1	Matthew 6	Reflection	Mark 5	John 2	1John 2	Revelation 17
25	Reflection	Acts 16	2 Thess. 3	2 Corinthians 5	Reflection	Philippians 2	Matthew 7	Matthew 28	Mark 6	Reflection	1John 3	Revelation 18
26	Reflection	Acts 17	1 Corinthians 1	Reflection	Romans 7	Philippians 3	Reflection	Hebrews 1	Mark 7	Reflection	1John 4	Revelation 19
27	Luke 19	Acts 18	1 Corinthians 2	Reflection	Romans 8	Philippians 4	Reflection	Hebrews 2	Reflection	John 3	1John 5	Reflection
28	Luke 20	Acts 19	1 Corinthians 3	2 Corinthians 6	Romans 9	Reflection	Matthew 8	Hebrews 3-4	Reflection	John 4	2 John 1	Reflection
29	Luke 21		Reflection	2 Corinthians 7	Romans 10	Reflection	Matthew 9	Hebrews 5	Mark 8	John 5	Reflection	Revelation 20
30	Luke 22		Reflection	2 Corinthians 8	Romans 11	1Timothy 1	Matthew 10	Reflection	Mark 9	John 6	Reflection	Revelation 21
31	Luke 23		1 Corinthians 4		Reflection		Matthew 11	Reflection		John 7		Revelation 22
					"V0112 1	word is a	lamb to 1	ny foot an	d a light	for my po	nth" DEALA	M 110.10F